

December 2018

ACGC Elementary & 5-12 Building



BREAKFAST MEAL

Served with Milk, Juice, and Fruit

ALL MENU ITEMS SUBJECT TO CHANGE

This Institution is an Equal Opportunity Provider

LUNCH MEAL

Served with Milk, Fruit and Salad Bar



Falcon Nutrition Tip: Did you Know: Peaches are packed with beta-carotene, a compound that gets converted to vitamin A in the body. This is vital to promoting healthy vision and eyes. Peaches are also rich in potassium to help promote healthy kidneys.



Monday

Tuesday

Wednesday

Thursday

Friday

Reading the Menu:
Breakfast is in Italic
Lunch is in Bold

3

Cereal, Darlington Oatmeal Bar, Oranges

4

Tomato Soup, Grilled Cheese, Carrots, Applesauce

Large Cinnamon Roll, String Cheese, Peaches

5

BBQ Riblet Sandwich, Broccoli, Pineapple

Mini Bagel, Apple

6

Spaghetti with Meatballs, Texas Toast, Corn, Mandarin Oranges

Pancakes with Syrup, Turkey Link, Banana

7

Corn Dog, Baked Beans, Peaches

NO SCHOOL

10

Long Johns, String Cheese, Peaches

11

Chili, Cinnamon Roll, Pineapple, Carrots

Cereal, Banana Muffin, Pears

12

Salisbury Steak, Mashed Potatoes, Corn, Peaches, WG Bread

French Toast Sticks, Apple

13

Chicken Fajita's with Fixings, Taco Fiesta Black Beans, Strawberries

Scrambled Eggs, Ham Patty, Toast, Oranges

14

Pizza, California Blend, Mixed Fruit

Bagel with Jelly, Peaches

17

Hamburger, Fries, Baked Beans, Pineapple

Pancake on a Stick, Mixed Fruit

18

Chicken Nuggets, Mashed Potatoes, Corn, Peaches, Cookie

Cinnamon Coffee Cake, String Cheese, Orange

19

Chef Salads with Fixings, Breadstick, Peaches

Apple or Cherry Frudel, Banana

20

Bag Lunch, Ham Sandwich, Chips, Carrots, Strawberry Cup, Birthday Treat

NO SCHOOL

21

NO SCHOOL

24

NO SCHOOL

25

NO SCHOOL

26

NO SCHOOL

27

NO SCHOOL

28

NO SCHOOL

31

