

May 2018

ACGC Elementary and 5-12 Buildings



BREAKFAST

Served with Milk, Juice, and Fruit

ALL MENU ITEMS SUBJECT TO CHANGE

This Institution is an Equal Opportunity Provider

LUNCH

Served with Milk, Fruit and Salad Bar



Falcon Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.



Monday

Reading the Menu:
Breakfast is in Italic
Lunch is in Bold

Tuesday

Wednesday

Thursday

Friday

1
Reading the Menu:
Breakfast is in Italic
Lunch is in Bold

2
Cinnamon Rolls,
String Cheese, Peaches

3
Mini Waffles, Pear Slices

4
Cereal, Poptart,
Mixed Fruit

5
Breakfast Pizza,
Pineapple

6
Chicken Nuggets, Mashed Potatoes, Corn, Peaches

7
JRSR: Egg Roll, Rice, Fruit Carrots
Elementary: Bosco Stick Spaghetti Sauce Green Beans, Fruit

8
Chicken Fajitas, Refried Beans, Fruit

9
Bag Lunch, Sandwich, Chips, Baby Carrots, Fruit Cup, Treat

7
NO SCHOOL

8
Cereal, Toast, Pears

9
Cinnamon Coffee Cake
String Cheese

10
Cereal, Granola bar,
Pineapple

11
Cinnamon Rolls, String Cheese, Peaches

12
Pulled Pork Sandwiches, Calico Beans, Applesauce

13
JRSR: Turkey Rollup Carrots, Fruit
Elementary: Salisbury Steak Mashed Potato Corn, Peaches

14
Loaded Baked Potato with Fixings, Broccoli, Mandarin Oranges

15
Taco Bowl with Fixings, Romaine Lettuce, Pineapple

14
NO SCHOOL

15
Cooks Choice

16
Cooks Choice

17
Cooks Choice

18
Cooks Choice

16
JRSR: Cooks Choice
Elementary: Chicken Noodle Soup, Carrots Breadstick, Fruit

17
Hamburger Gravy, Mashed Potatoes, Peas, Peaches

18
Pizza, Broccoli, Strawberries

19
Chicken Patty on Bun, Sweet Potato Fries, Fruit

21
NO SCHOOL

21
Cooks Choice

22
Cooks Choice

23
Cooks Choice

24
Cooks Choice

22
JRSR: Cooks Choice
Elementary: Chicken Bites, Mashed Potatoes Corn, Peaches

23
Cooks Choice

24
Cooks Choice

25
BAG LUNCH, Turkey Sandwich, Chips, Baby Carrots, Fruit Cup, Birthday Treat

28

29

30

31

HAVE A GREAT SUMMER!! SEE YOU IN SEPTEMBER!!!

